

WAX RECOMMENDATION



PAR FOR THE COURSE #2 and SKIATHLON

Mt. Bachelor, Bend, OR -- Saturday, March 7

10 A.M., 4k Freestyle and 4k Classic

Mass start or relay, one lap or two laps

<https://mbsef.org/mt-bachelor-cup-nordic-races/>

Forecast/Conditions: New snow forecasted Wednesday night with up to 10 inches possible. Trace amounts for the rest of the week. Friday night low around 30 and light chance of snow. Saturday high around 45 and partly sunny. Snow will likely be wet and glazed.

Glidewax: Apply HP Red Hot Wax/HP Yellow Hot Wax mixed 1:1, scrape and brush. Then quickly (3 to 4 seconds) spray [Jet Liquid](#) Yellow tail to tip, let stand at least 10 minutes, and go ski.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 2-4 layers of Nordic GripWax Red, corking smooth between layers. Additional layers of Nordic GripWax Yellow and possibly Nordic Klister Spray Universal might be needed as temperatures warm up. If using skin skis, treat skins with Eco Skin Proof. For best performance, apply Eco Skin Proof the day before the event.

Structure: A universal structure covered by one pass with the Yellow Structurite tool after scraping and brushing the final Hot Wax but before applying Jet Liquid will best suit these conditions.

Created by Colin Mahood, Toko Tech Team member since 2000

Racing-Service

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Blue, Red or Yellow), as the temperature ranges are the same. For a more economical option, omit Jet topcoats. All Race Wax Tips recommend ONLY fluorine-free products. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.